

## **TATTOO AFTERCARE INSTRUCTIONS**

**Aftercare is crucial in taking care of your new ink. Your new tattoo is your responsibility to take care of afterwards. Ignoring aftercare instructions may result in damage to your tattoo, the artist and Heart 2 Hand Tattoo Studio will not be held liable for any infections or problems that may occur due to the client's negligence.**

1. Keep the bandage on for 2-3 hours.
2. After 2-3 hours, remove the bandage carefully (if it sticks, wet the bandage and remove slowly.)
3. Once uncovered, wash with warm mild soap and water (using fingertips), then wash three times per day for the next 7-14 days.
4. Use A&D ointment; apply a very **thin** layer as often as possible to prevent your tattoo from drying out. If it feels dry and tight, apply the ointment. **(If you put it on too heavy you will lose colour and definition. If it looks like it is beading or dripping, it is too thick).**
5. After a few days, it is perfectly normal for the skin on the tattoo to take on a cloudy appearance, followed by peeling for a short while (like sunburn.)
7. Never peel or pick any part of your tattoo. If you do, you will lose colour and it could result in additional expense in re-colouring. **(Any loose skin will work itself off without any help from you.)**
8. **DO NOT** use alcohol to clean tattoos.
9. **DO NOT** rub or scratch
10. **DO NOT** let your tattoo dry out.
11. **DO NOT** expose yourself to direct sunlight or tanning beds until your tattoo is completely healed. Use a sun block of a minimal SPF 30 to prevent burning or colour fading of your tattoo.
12. **DO NOT** soak tattoo in sauna, steam bath, or bathtub until completely healed
13. **DO NOT** allow water to beat directly onto the tattoo while showering for at least one week.
14. **AVOID** swimming in pools, lakes, or oceans for at least two weeks.
15. Please use your artists recommended ointment